TALK IT OVER

Our Talk It Over is designed to prompt insights and dialogue based on the life experience of each participant. Using these in a group setting after hearing the message is similar to the practices of the early church in Israel. Choose just one or a few of the questions to consider this week. It's also a great tool for individual reflection.

WEEK 6: What You See is What You Get



WARM UP

What's something you used to dislike or take for granted but have come to appreciate over time?

DISCUSS

1. We often sort experiences into "good" and "bad" buckets. How can that way of thinking affect our ability to find meaning or enjoy the life we have right now?

2. It's easy to compare our lives with other people's, especially when we only see the highlights they share. Where do you notice comparison creeping into your own life, and how does it affect the way you see your circumstances?

3. Think of a current frustration, delay, or disappointment. What might change if you looked at it with the possibility that something good could still come from it? What makes that perspective difficult to embrace?

4. God can work through all kinds of circumstances, even the ones we wouldn't choose. How might that trust change the way you respond when life doesn't go as planned?

5. How do you hold on to the belief that God is working for good when you're facing something genuinely painful or unfair? How can you trust God without pretending that everything is okay?

APPLY

Choose one situation that's been frustrating you. Each day this week, write down one thing you can learn, appreciate, or do differently in that situation. At the end of the week, look back at your notes and consider how changing your perspective affected your response.

PRAY

God, help us see our lives with fresh eyes. When we compare ourselves with others or get stuck focusing on what's wrong, remind us that you are still at work. Help us remember that Jesus' teachings can change our lives—if we let them. This week, help us pause, look for a different perspective, and trust you with the moments we find difficult. Amen.