



Our Talk It Over is designed to prompt insights and dialogue based on the life experience of each participant. Using these in a group setting after hearing the message is similar to the practices of the early church in Israel. Choose just one or a few of the questions to consider this week. It's also a great tool for individual reflection.

McLane Church Online: Don't Miss This

WARM UP

What's one ordinary part of your day that you actually enjoy, even if it might seem boring to someone else?

DISCUSS

1. When life gets busy, what tends to take up most of your attention? How does that affect the time you spend with people or things that matter to you?
2. Have you ever been so focused on getting something done that you missed enjoying what was happening along the way? What did you learn from that experience?
3. Why do you think it's so easy to put off enjoying life until things slow down? What might we miss while we're waiting for that time to come?
4. Jesus points people toward the birds and flowers as reminders to pay attention to today. What helps you slow down and notice what's good in the middle of everyday responsibilities?
5. Think about the people you spend the most time with. What are some ways you could give them more of your attention, even during an ordinary day?



APPLY

Once a day for the next seven days, capture one ordinary moment by writing a sentence that begins, "Today I noticed..." It might be a conversation, a laugh, a beautiful view, or a quiet moment. Take a moment to thank God for it.

PRAY

God, thank you for the life and people you've given us. Help us slow down, notice the good in ordinary moments, and give our attention to what matters most. This week, remind us to pause and say, "Today I noticed..." and help us recognize your goodness right where we are. Amen.