



Our Talk It Over is designed to prompt insights and dialogue based on the life experience of each participant. Using these in a group setting after hearing the message is similar to the practices of the early church in Israel. Choose just one or a few of the questions to consider this week. It's also a great tool for individual reflection.

WEEK 3: Change Your Thinking

WARM UP

What's something you've changed your mind about as you've gotten older?

DISCUSS

1. We live in a culture that often tells us to look out for ourselves, get ahead, and protect what we have. Where do you feel that pressure most in your own life?
2. Think about a relationship where you sometimes find yourself competing, comparing, or keeping score. What might change if you stopped seeing that person as someone you have to beat, impress, or protect yourself from?
3. How does the way you picture God affect the way you handle stress, failure, or uncertainty?
4. Jesus teaches that God's love and goodness aren't in limited supply. How might believing there is "enough" change the way you respond to other people—especially someone who has something you wish you had?
5. If you chose one of these three areas—money, people, or your view of God—to intentionally think differently about this week, which one could make the biggest difference in your everyday life? What would that look like in practice?
6. What might you have to give up—or do differently—if you really allowed Jesus to change the way you think?



APPLY

Choose one area—money, people, or your view of God—and notice your thinking this week. When you catch yourself falling into an old pattern, pause and ask: *What would it look like to think about this the way Jesus teaches me to?* Then take one small action that reflects that new way of thinking.

PRAY

Jesus, help us see our lives differently. Show us the patterns of thinking that keep us anxious, defensive, competitive, or focused only on ourselves. Give us the courage to see our money, our relationships, and even you in a new way. And then help our changed thinking become changed living. We don't want to simply agree with what you teach—we want to let your teachings change our lives. Amen.