



TALK IT OVER

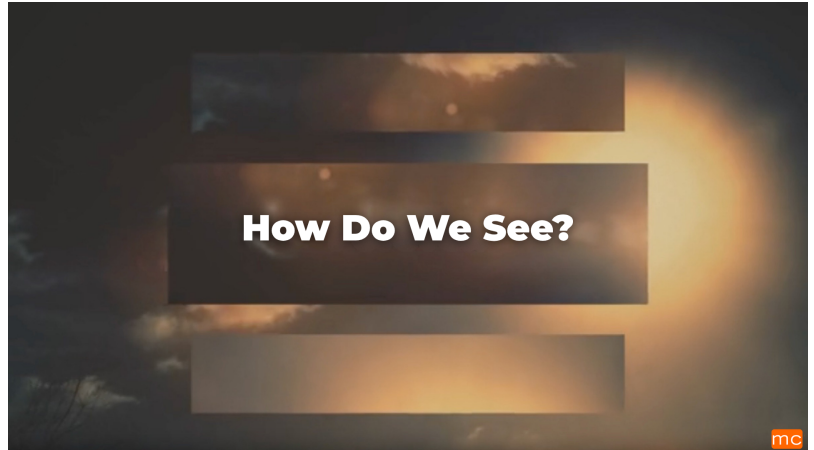
Our Talk It Over is designed to prompt insights, questions and dialogue based on the life experience of each participant. Using these in a group setting after hearing the message is similar to the practices of the early church in Israel. Choose just one or a few of the questions to consider this week.

Warm-Up

What is one moment in your life that didn't turn out the way you expected—but looking back, you can see it led to something unexpectedly good?

Discuss

1. Where in your life right now does something feel like it has ended, stalled, or gone quiet—and how are you currently interpreting that space?
2. Why do you think it's so easy to miss signs of new life or new beginnings when they're happening in real time?
3. Have you ever experienced a season that felt like a "desert" but later realized it created room for something important? What changed in you during that time?
4. What tends to fill your quiet moments during the day—and how might that be affecting your ability to notice deeper things happening around you?
5. Are there certain places, rhythms, or habits in your life where you feel more aware, grounded, or open? What would it look like to be more intentional about those?
6. If new life is always possible, even after loss or disappointment, what would it take for you to live with a little more expectation or hope this week?



Apply

Try creating a small pocket of space each day this week—just 5–10 minutes with no noise, no phone, no distractions. Sit somewhere consistent, take a few slow breaths, and simply ask, "What might I be missing right now?" Write down anything that comes to mind, even if it seems small or unclear. At the end of the week, look back and notice any patterns, shifts, or moments of clarity.

Pray

God, help us slow down enough to notice what is right in front of us. Give us the ability to see new life, even in places that feel empty or uncertain. Open our eyes to hope, and guide us into whatever you are already beginning. Amen.