



**COME** *follow* **ME**

**WEEK OF MARCH 15, 2026**

**SCRIPTURE PASSAGE: MARK CHAPTERS 8-10**

**1. Prepare My Heart**

Before writing, take a moment to slow down.

Pray: "Jesus, help me follow you with my whole life."

What thoughts, worries, or distractions am I carrying into this moment?

**2. What I Notice About Jesus**

As I reflect on this week's Scripture and message:

What do I learn about Jesus and the kind of life he invites us to live?

What surprises or challenges me the most?

**3. Deny Myself (Turning from a life centered on me)**

Denying myself means letting go of my need to always be first, right, or in control.

Where might I be holding too tightly to my own way?

What might it look like for me to be more others-focused this week?

#### **4. Take Up My Cross (Trusting God even when the path is difficult)**

Jesus reminds us that following him sometimes involves sacrifice, endurance, and faith through difficulty.

What challenge, burden, or struggle am I carrying right now?

How might God be shaping my faith through it?

#### **5. Follow (Moving forward in faith)**

Following Jesus means trusting him enough to go where he leads.

Where might Jesus be inviting me to step out in faith?

What is one next step I sense God leading me to take?

#### **6. Living for Something Greater**

Jesus invites us into a life that moves beyond self-focus and toward love, service, and trust in him.

Who might God be placing in my path this week to encourage, serve or care for?

#### **7. Weekly Surrender Prayer**

Father, thank you for the example of Jesus. He denied himself, he carried the cross and he led the way. Help me to follow him today. Please place people in my path this week who I can love just like you love me. In your name, Amen.

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