



# TALK IT OVER

*Our Talk It Over is designed to prompt insights, questions and dialogue based on the life experience of each participant. Using these in a group setting after hearing the message is similar to the practices of the early church in Israel. Choose just one or a few of the questions to consider this week.*

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## WARM UP:

As you think about the Christmas season, what is one word you would use to describe how it usually feels for you personally?

## DISCUSS:

1. Why is it often easier to talk about love than to consistently practice it in everyday life?
2. How do small, ordinary interactions either strengthen or weaken the relationships around us?
3. In what ways does the example of Jesus challenge common cultural ideas about love and acceptance?
4. Is there a hurt or resentment you may need to let go of in order to love more freely?
5. Who might God be inviting you to notice or care for in a tangible way this season?
6. What is one area of your life where love could become more intentional rather than reactive?



## APPLY:

Choose one intentional expression of love this week. Commit to it and follow through prayerfully.

- Let go of a past hurt.
- Look out for someone in need.
- Let someone in through welcome, forgiveness, or inclusion.

## PRAY:

God, thank you for showing us true love through Jesus. Shape our hearts this Advent so that we not only receive your love, but reflect it in the way we live, speak, and care for others. Give us the courage to love well, even when it costs us something. Amen.