



Our Talk It Over is prepared each week by the teaching pastor and is designed to prompt insights, questions and dialogue based on the life experience of each listener. Using these in a group setting after hearing the message is similar to the practices of the early church in Israel.

A SIMPLE SUMMER: FINDING GOD IN EVERYDAY MOMENTS WEEK 5

Read: Psalm 23

1. How does the metaphor of God as both Shepherd and Host expand your understanding of his care and relationship with you?
2. What role does spiritual rhythm (prayer, scripture, stillness) play in helping you recognize God in the “chaos and commotion” of everyday life?
3. How might you intentionally create space in your schedule to rest beside “green meadows and peaceful streams,” both spiritually and physically?
4. Who in your life needs to be reminded that they’re not alone in their dark valley—and how can you extend encouragement this week?

