



Our Talk It Over is prepared each week by the teaching pastor and is designed to prompt insights, questions and dialogue based on the life experience of each listener. Using these in a group setting after hearing the message is similar to the practices of the early church in Israel.

HOW DO WE FOLLOW?

1. **Which spiritual practices have helped you grow in your relationship with Jesus?** Are there any that you've let go of and would like to pick up again?
2. **What challenges get in the way of starting or maintaining spiritual practices like prayer, Bible reading, or journaling?** What has helped you overcome those challenges in the past?
3. **How do you notice God working in your life when you're more engaged in spiritual practices?** Can you share a time when that was especially clear?
4. **Who is a "neighbor" in your life that might need encouragement, help, or attention right now?** What could you do for them this week?
5. **When have you experienced joy or growth from serving someone else—whether formally or informally?** What made that moment meaningful?
6. **Have you ever thought of your everyday routines (e.g., work, errands, conversations) as opportunities to serve others?** How might your perspective shift if you did?
7. **We often talk about *being the good*.** What is one way you could build regular acts of service into your week?

