



# TALK IT OVER

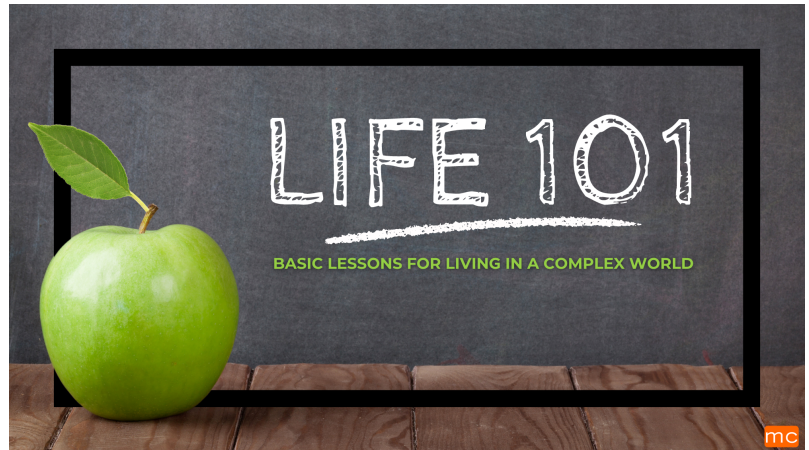
*Our Talk It Over is prepared each week by the teaching pastor and is designed to prompt insights, questions and dialogue based on the life experience of each listener. Using these in a group setting after hearing the message is similar to the practices of the early church in Israel.*

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## LIFE 101 FAMILY, CHAOS & CHRIST

### Discuss if you have children at home:

1. How do you manage the hectic schedule of your children's activities while ensuring family time and personal relaxation?
2. In what ways can you ensure that attending church and nurturing your family's faith stays a top priority amidst your busy schedule?
3. Can you share an example of how you use everyday activities (e.g., sportsmanship in baseball) to teach your children about the values and principles of Jesus?
4. When feeling overwhelmed by parenting duties, what practical steps do you take to find calm and reconnect with God?



### Discuss if you do not have children at home:

1. How do you prioritize your faith and personal growth amidst the various demands and distractions in your life?
2. How do you balance work, social activities, and personal time to ensure a healthy and fulfilling lifestyle?
3. What practices do you have in place to manage stress and maintain a sense of peace in your daily life?
4. When you feel overwhelmed by life's responsibilities, what steps do you take to find calm and reconnect with God?