



*Our Talk It Over is prepared each week by the teaching pastor and is designed to prompt insights, questions and dialogue based on the life experience of each listener. Using these in a group setting after hearing the message is similar to the practices of the early church in Israel.*

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**Discuss:**

1. How do you currently maintain your spiritual routines, and have they become mundane or routine? What changes can you make to refresh these routines?
2. What are the main distractions that hinder your prayer life? How can you implement Jesus' advice to remove these distractions and focus more on God?
3. How well do you practice forgiveness towards others? Reflect on your personal inventory: is there someone you need to forgive to align more closely with God's forgiveness?
4. How often do you offer to pray for others, especially those who may be closed off to discussions about faith? How has this impacted your relationships and their openness to God?
5. What is a specific spiritual goal you can set for this summer to deepen your connection with God? How can the practice of the Lord's Prayer play a part in achieving this goal?

