



# TALK IT OVER

*Our Talk It Over is prepared each week by the teaching pastor and is designed to prompt insights, questions and dialogue based on the life experience of each listener. Using these in a group setting after hearing the message is similar to the practices of the early church in Israel.*

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## Discuss:

1. How can I ensure that I am considering all sides of a story before forming an opinion or making a decision, especially in emotionally charged situations?
2. In what ways can I apply the principle of "both/and" rather than "either/or" in my personal and professional life to find common ground and foster unity?
3. How can I better recognize and adapt to the different seasons of my life, understanding that growth often comes through gradual, seasonal changes rather than immediate transformations?
4. Reflect on a time when holding onto the past hindered your personal growth. How did you eventually move forward, and what lessons did you learn from that experience?
5. In what ways can embracing necessary endings in your life create space for new opportunities and growth? Can you think of a situation where letting go of something led to unexpected positive outcomes?
6. How does viewing life's challenges and transitions as part of a seasonal cycle change your perspective on difficult times? How might this understanding affect your approach to current or future obstacles?

