

## Talk It Over

---

*Questions are prepared each week and are designed to prompt insights, questions, and the life experience of each listener. If these are used immediately following the sermon, it would be much the same as what was done in Israel at the time of the early church.*

### SALT AND LIGHT - PART ONE

#### Warm Up

- What is your favorite salty snack?

#### Read

Matthew 5:13



#### Discuss

1. Think about some good properties of salt (preservative/season/etc.). Discuss these and how they could translate to qualities within someone.
2. As a believer, have you thought of yourself in this way -- that you help to season life and add something to others? Discuss this.
3. Can you think of someone in your life who you would label as the “salt of the earth”? Why?
4. Read Colossians 4:5-6. In the New International Version it says, "seasoned with salt." How does salt translate into wisdom in this instance? How have you personally seen this make a difference in your own life?

#### Pray

End by praying for one another.