

Talk It Over

Questions are prepared each week and are designed to prompt insights, questions, and the life experience of each listener. If these are used immediately following the sermon, it would be much the same as what was done in Israel at the time of the early church.

Getting Through the Jams of Life

Warm Up:

Have you ever been in a traffic jam? What was your experience and some of the emotions involved?

Read:

Psalm 13



Discuss:

1. Do you ever feel like certain aspects of your life are jammed up or stopped? You are waiting for answers but nothing is happening? What do you do?
2. Psalm 13 gives us a glimpse into what David did. This Psalm is a lament -- an expression of the sorrow or distress in one's heart. David asks this question: "How long?" Read verse one and two and discuss the feel or mood of those verses.
3. Why is it healthy to ask questions like that?
4. In the middle section (verses 3-4), David asks for his eyes to be opened. How has God refreshed your perspective when you have simply asked him to show you something?

Wrap Up:

At the end of the Psalm, David says that God has dealt bountifully or generously with Him. Close your time together praying together and thanking God for his bounty.