

## Talk It Over

Questions are prepared each week and are designed to prompt insights, questions, and the life experience of each listener. If these are used immediately following the sermon, it would be much the same as what was done in Israel at the time of the early church.

For the sake of time, you may want to choose one or two questions.

## <u>Warm up</u>

How do you rest? (e.g., I like to take a walk). Explain how this helps you to rest.

<u>Read</u> Mark 6:30-31

## **Discuss**

- Read the scripture above again and talk about these phrases and how they impact the story and apply them to your life.
  - "The disciples gathered around Jesus."
  - Jesus "took them to a quiet place."
- 2. Jesus was sensitive to their needs. They needed food and rest. Talk about a time when someone did that for you. How did that impact your life?
- 3. Think (not necessarily discuss), is there someone who needs YOU to care for them? Even today?

## Wrap Up:

Spend time in prayer together.

