

Warm Up

This being the final weekend of this series:

- What was one standout moment from the book/sermon series for you?
- How have you been motivated to look differently at the church from ways that you have viewed it in the past? (For example - I used to think church was just about me. Now I know it's not.)
- Share a personal experience where you have observed the church being a good and beautiful community.

Read

Ephesians 1: 15-23

Discuss

1. When you think of growing as an individual and in community, what motivates you most from these words that Paul has spoken?
2. Think about Brian Kelly's sermon immediately after the New Year. He encouraged us to develop a good spiritual routine. Have you? Talk about what you value in your own daily spiritual routine.
3. How has the soul training in this book challenged you in your spiritual routine?
4. When you hear the phrase "spiritual discipline," what do you think of?
5. What is one area that you would appreciate your group praying for you regarding strengthening a spiritual discipline? (Example: I would like to spend more time praying for others consistently.)

Pray

- Close your meeting in prayer according to question 5 above. Perhaps have each person pray for the person on their left.

